

FOR YOUR EYES ONLY

Eyebrow Tint
Eyelash Tint
Eyebrow Shape

A test patch must be carried out 24 hours prior to tinting.

WAXING

Temporary Hair Removal using Warm and Lycon Hot Wax. Lycon waxes are heated at a low temperature to achieve virtually pain free, superb results.

Hairs as short as 1 mm can be removed.

Highly recommended for intimate areas.

WORKSHOPS

For an indulgent lunch or evening, I provide all the skin care and make-up products so that your friends can enjoy step by step demonstration, try the products themselves and learn current hints and tips on skin care and make-up application.

Please enquire for more information.

Nicky Young

IHBC City and Guilds
Stones of Serenity

Beauty Therapist Specialist

Telephone: 07957 223455

email: nickyyoung40@yahoo.co.uk

Arbonne Independent Consultant ID 449071141



MY STORY

As a qualified Beauty Therapist from Norfolk College of Arts and Technology in 1990, my career took me to London's Mayfair at the celebrity salon; The Ragdale Clinic at Michealjohn. Starting as a Senior therapist and over the years progressing to the Clinic Manageress, this role included being responsible for the training and development of a team of 18 therapists.

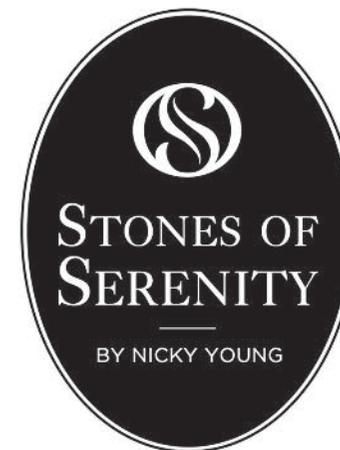
Moving into Beauty Retail, I have worked at Harrods, Harvey Nichols, Selfridges and Fortnum and Masons with the Premium brands of Sisley and La Prairie. I have also had the opportunity to host a weekly radio station in London (Viva radio), to advise on ladies beauty tips and contribute to features for the Daily Mail.

Returning to my home in Norfolk, I joined Clarins and then Liz Earle as an Account Manager in John Lewis.

After 25 years experience in the beauty industry it was now time to start my own business; and my Stones of Serenity brand was born in May 2015. **Nicky Young**

Tel: 07957 223455

email: nickyyoung40@yahoo.co.uk



FACIAL TREATMENTS

An Introduction Genius Ultra Facial

Designed to introduce the Swiss Botanical products combined with the Genius Device to work on the anti-ageing process, reducing fine lines and wrinkles and stimulating Collagen.

The Pure Luxury Experience

A personalised facial using synergistic blends of plant botanicals will ensure that your skin is left feeling revitalised and your mind relaxed. This experience includes a scalp, hand and foot massage and warm stones. 1 hour 15 minutes.

Botanical Blitz Facial

This treatment is designed for all congested and problematic skins that are sensitive to the environment. Ideal for a younger skin that requires, deep pore cleansing, lymphatic drainage and skin re-balancing. 1 hour.

Botanical Blitz Facial for Men

Delivery of regenerative botanical ingredients designed to combat the signs of environmental stress, aging and sensitivity leaving the skin soothed, restored and balanced. Meditation and a deep back, neck and shoulder massage will ensure complete relaxation. 1 hour.

Botanical Genius Microdermabrasion Facial

This facial treatment is designed to treat acne scarring, pigmentation and overall refinement to the skin. The facial deeply exfoliates using enzyme peeling and resurfacing pads to refine the skin texture giving visible long term results and luminosity to any complexion. Recommended as a course of treatments. 1 hour.



TREATMENT MENU

30 Day to Healthy Living Consultations
available with every treatment
(please ask for details)

ALTERNATIVE THERAPIES

Deep Tissue Massage

Personalised luxury for any areas you would like soothed and relaxed. The appropriate programme of products are blended and combined for your wellbeing. These will be used in conjunction with Lomi lomi Massage, Scalp Massage and Hot Stone Massage. 30 minutes or 1 hour.

Scalp and Facial Massage
Face and Eye area
Back, Neck and Shoulders
Feet and Lower Leg
Hands and Feet

Hot Stone Massage

Placing of the stones in conjunction with a massage is much deeper and effective as the heat penetrates the body and relaxes those tired aching muscles. It benefits those muscular aches, pains, rheumatic and arthritic conditions, multiple sclerosis, fibromyalgia, back pain and insomnia. It also helps improve the circulation, reduce stress, anxiety, tension and depression. 30 minutes or 1 hour.

The Luxury Face and Body Experience

This is a personalised programme of facial therapy to include lymphatic drainage, warm stones and botanical fresh cell technology. Your senses are relaxed with gentle exfoliation and massage as balance is restored throughout the body. Tension is released from your scalp as warm stones soothe away any aches and pains. 1 hour 30 minutes.

Botanical Make-Up

Botanical make-up gives the skin a flawless finish with exclusive optolight technology. Suitable for Weddings, a special night out or just to learn some hints and tips on applying make-up correctly.